



YDT 2025 December Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| 1 Mozzarella Sticks WG Crackers fruit Milk | 2 WG Rice Cakes Diced Peaches Milk | 3 WG Muffin Fruit Cup Milk | 4 WG Multigrain Cheerios Fruit Milk | 5 WG Pastries Fruit Cup Milk |
| 8 Yogurt WG Granola fruit Milk | 9 WG Tortilla Chips Salsa Cup Milk | 10 WG Multigrain Cheerios Fruit Milk | 11 Granola Bar Apples Milk | 12 WG pretzels Fruit cup Milk |
| 15 Mozzarella Sticks WG Crackers fruit Milk | 16 WG Rice Cakes Diced Peaches Milk | 17 WG Muffin Fruit Cup Milk | 18 Chanukah Vacation | 19 Chanukah Vacation |
| 22 Chanukah Vacation | 23 WG Tortilla Chips Salsa Cup Milk | 24 WG Multigrain Cheerios Fruit Milk | 25 Granola Bar Apples Milk | 26 WG pretzels Fruit cup Milk |
| 29 Mozzarella Sticks WG Crackers fruit Milk | 30 WG Rice Cakes Diced Peaches Milk | 31 WG Muffin Fruit Cup Milk | | |

This institution is an equal opportunity provider.