



YDT High School December 2025 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Onion Soup Shredded Mozzarella Garlic knots Fruit Milk	2 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	3 Cheese Cannelloni Carrot and Celery sticks Fruit Milk	4 WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	5 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
8 Sicilian Pizza Mushroom Barley soup Fruit Milk	9 Cubed Deli Salad WG Rice Cakes Potato Knishes Pickles/Salad Fruit Juice*	10 Creamy Mac & Cheese Diced Carrots Fruit Milk	11 Falafel Israeli salad WG pita Fruit Milk	12 Potato kugel Scrambled Eggs WG crackers Fruit Milk
15 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	16 WG Beef Cholent Sweet Peas Fruit Juice*	17 Pasta Tomato Sauce Sliced Cheese Fruit Milk	18 Chanukah Vacation	19 Chanukah Vacation
22 Chanukah Vacation	23 Chicken Poppers Brown Rice Broccoli Fruit Juice*	24 3 Cheese Baked ziti Diced Carrots Fruit Milk	25 Eggplant Parmesan Garden Vegetable Soup WG Garlic Knots Fruit Milk	26 Waffles Scrambled eggs Baby carrots Fruit Milk
29 WG Grilled cheese Split Pea Soup Fruit Milk	30 Asara B'Teves No Lunch	31 3 Cheese Baked ziti Diced Carrots Fruit Milk		

The institution is an equal opportunity provider.