

YDT August/September 2025 Lunch Menu

All lunches will include at least $\frac{3}{4}$ cup vegetable, $\frac{1}{2}$ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26 Chicken Poppers Brown Rice Broccoli Fruit Juice*	27 3 Cheese Baked ziti Diced Carrots Fruit Milk	28 Fish sticks Potato borekas Fruit Milk	29 Waffles Scrambled eggs Baby carrots Fruit Milk
31 WG Garlic Knots Yogurt Salad Fruit Milk	1 WG Pizza bagels French Onion Soup Fruit Milk	2 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	3 Pasta Tomato Sauce Sliced Cheese Fruit Milk	4 WG Bagels Tuna salad/Cr cheese Sliced Vegetables Fruit/Milk	5 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
7 WG Baguettes Yogurt Baby Carrots Fruit Milk	8 Sicilian Pizza Mushroom Barley soup Fruit Milk	9 WG Beef Cholent Sweet Peas Fruit Juice*	10 Creamy Mac & Cheese Diced Carrots Fruit Milk	11 Falafel Israeli salad WG pita Fruit Milk	12 Potato kugel Scrambled Eggs WG crackers Fruit Milk
14 WG Garlic Knots Yogurt Salad Fruit Milk	15 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	16 Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	17 Pasta Tomato Sauce Sliced Cheese Fruit Milk	18 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	19 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
21 WG Baguettes Yogurt Baby Carrots Fruit Milk	22 Erev Rosh Hashana No School	23 Rosh Hashana No School	24 Rosh Hashana No School	25 Fish sticks Potato borekas Fruit Milk	26 Waffles Scrambled eggs Baby carrots Fruit Milk
28 WG Garlic Knots Yogurt Salad Fruit Milk	29 WG Pizza bagels French Onion Soup Fruit Milk	30 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*			