



YDT August/September 2026 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
	18 WG Rice Cakes Banana Milk	19 WG Muffin Cut Melon Milk	20 WG Multigrain Cookie Apple Milk	21 WG Pretzels Orange Milk
24 Yogurt WG Granola Banana Milk	25 WG Tortilla Chips Orange Milk	26 WG Crunchy Corn Grapes Milk	27 Granola Bar Apples Milk	28 WG Pastries Orange Milk
31 Mozzarella Sticks WG Crackers Apple Milk	1 WG Rice Cakes Banana Milk	2 WG Muffin Cut Melon Milk	3 WG Multigrain Cookie Apple Milk	4 WG Pretzels Orange Milk
7 Yogurt WG Granola Banana Milk	8 WG Tortilla Chips Orange Milk	9 WG Crunchy Corn Grapes Milk	10 Granola Bar Apples Milk	11 Erev Rosh Hashana No School
14 Mozzarella Sticks WG Crackers Apple Milk	15 WG Rice Cakes Banana Milk	16 WG Muffin Cut Melon Milk	17 WG Multigrain Cookie Apple Milk	18 WG Pretzels Orange Milk
21 Yom Kippur No School	22 WG Tortilla Chips Orange Milk	23 WG Crunchy Corn Grapes Milk	24 Succos Vacation No School	25 Succos Vacation No School

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