

YDT August/September 2026 Lunch Menu

All lunches will include at least ¾ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18 Chicken Poppers Brown Rice Broccoli Fruit Juice*	19 Pasta Tomato Sauce Sliced Cheese Fruit Milk	20 WG Bagels Tuna /Cr cheese Sliced Fresh Vegetables Fruit Milk	21 Potato kugel Scrambled Eggs WG crackers Fruit Milk
23 WG Pita Hummus/Tuna Salad Salad Fruit Milk	24 Lasagna Rollups Green Beans Fruit Milk	25 WG Beef Cholent Sweet Peas Fruit Juice*	26 Creamy Mac & Cheese Diced Carrots Fruit Milk	27 Scrambled eggs Roasted potatoes Wg crackers Fruit Milk	28 Yogurt/Potato Blintz Granola Baby carrots Fruit Milk
30 WG Baguettes Yogurt Baby Carrots Fruit Milk	31 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	1 Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	2 Pasta Tomato Sauce Sliced Cheese Fruit Milk	3 Fish sticks Potato borekas WG Bread Fruit Milk	4 Potato kugel Scrambled Eggs WG crackers Fruit Milk
6 WG Rye Bread Yogurt Salad Fruit Milk	7 WG Grilled cheese Split Pea Soup Fruit Milk	8 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	9 3 Cheese Baked ziti Diced Carrots Fruit Milk	10 Scrambled eggs Roasted potatoes Wg crackers Fruit Milk	11 Erev Rosh Hashana No School
13 Rosh Hashana No School	14 WG Pizza Bagels Vegetable Soup Fruit Milk	15 Nitrate Free Hot Dog WG Bun Baked Beans/Pickles Fruit Juice*	16 Pasta Tomato Sauce Sliced Cheese Fruit Milk	17 Tuna Salad Israeli salad WG pita Fruit Milk	18 Waffles Scrambled eggs Baby carrots Fruit Milk
20 Erev Yom Kippur No School	21 Yom Kippur No School	22 Chicken Poppers Brown Rice Broccoli Fruit Juice*	23 Penne Ala Vodka Roasted Broccoli Fruit Milk	24 Succos Vacation No School	25 Succos Vacation No School