



YDT February High School 2025 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mid-Terms No Lunch	4 Mid-Terms No Lunch	5 Mid-Terms No Lunch	6 Mid-Terms No Lunch	7 Mid-Terms No Lunch
10 Mid-Terms No Lunch	11 Mid-Winter Vacation	12 Mid-Winter Vacation	13 Tu B'Shvat Mid-Winter Vacation	14 Mid-Winter Vacation
17 Mid-Winter Vacation	18 Chicken Poppers WG Rice Broccoli Fruit Juice*	19 3 Cheese Baked ziti Diced Carrots Fruit Milk	20 French Onion Soup Shredded Mozzarella WG Garlic knots Fruit Milk	21 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
24 Sicilian Pizza Vegetable soup Fruit Milk	25 Chicken Stir Fry WG Rice Stir Fry Vegetables Fruit Juice*	26 Cheese Cannelloni Carrot and Celery sticks Fruit Milk	27 WG Bagels Tuna salad/Cr cheese Sliced fresh vegetables Fruit Milk	28 R' Chodesh Adar Roasted Potatoes Scrambled Eggs WG crackers Fruit Milk

The institution is an equal opportunity provider.