



YDT February 2025 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Yogurt WG Granola fruit Milk	4 WG Tortilla Chips Salsa Cup Milk	5 WG Multigrain Cheerios Fruit Milk	6 WG Popcorn Apples Milk	7 WG pretzels Fruit cup Milk
10 Mozzarella Sticks WG Crackers fruit Milk	11 WG Rice Cakes Diced Peaches Milk	12 WG Muffin Fruit Cup Milk	13 WG Multigrain Cheerios Fruit Milk	14 Mid-Winter Vacation
17 Mid-Winter Vacation	18 WG Tortilla Chips Salsa Cup Milk	19 WG Multigrain Cheerios Fruit Milk	20 WG Popcorn Apples Milk	21 WG pretzels Fruit cup Milk
24 Mozzarella Sticks WG Crackers fruit Milk	25 WG Rice Cakes Diced Peaches Milk	26 WG Muffin Fruit Cup Milk	27 WG Multigrain Cheerios Fruit Milk	28 WG Pastries Fruit Cup Milk

This institution is an equal opportunity provider.