



## YDT February 2024 Breakfast Menu

*All Breakfasts will include at least 1-2 oz eq Grain , 1 cup Fruit and 8 oz fluid skim or low fat Milk.*

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>Mid winter Vacation No school</b>	2 <b>Mid winter Vacation No school</b>
4	5 <b>Mid winter Vacation No school</b>	6 WG Rice Cakes Diced Peaches Milk	7 WG Muffin Fruit Cup Milk	8 WG Multigrain Cheerios Fruit Milk	9 WG Pastries Fruit Cup Milk
11	12 Yogurt WG Granola Fruit Milk	13 WG Tortilla Chips Salsa Cup Milk	14 WG Muffin Fruit Cup Milk	15 WG Popcorn Apples Milk	16 WG Pretzels Fruit Cup Milk
18	19 Mozzarella Sticks WG Crackers Milk	20 WG Rice Cakes Diced Peaches Milk	21 WG Muffin Fruit Cup Milk	22 WG Multigrain Cheerios Fruit Milk	23 WG Pastries Fruit Cup Milk
25	26 Yogurt WG Granola Fruit Milk	27 WG Tortilla Chips Salsa Cup Milk	28 WG Muffin Fruit Cup Milk	29 WG Popcorn Apples Milk	

The institution is an equal opportunity provider.