



YDT February 2024 Lunch Menu

All lunches will include at least ¾ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
				1 Mid winter Vacation No school	2 Mid winter Vacation No school
4 Mid winter Vacation No school	5 Mid winter Vacation No school	6 HS Lunch Day Pasta Tomato Sauce Sliced Cheese Fruit Milk	7 Chicken poppers Rice Sweet Peas Fruit Juice*	8 Falafel Fish sticks Israeli salad WG Pita Fruit/Milk	9 ROSH CHODESH HS Lunch Day Potato kugel Scrambled Eggs WG crackers Fruit Milk
11 WG Baguettes Yogurt Salad Fruit Milk	12 Assorted Deli Meat WG Sliced Bread Pickles Fruit Juice*	13 HS Lunch Day Baked ziti Sweet peas Fruit Milk	14 Shnitzel WG Rice Broccoli Fruit Juice*	15 HS Lunch Day Potatoes Scrambled Eggs WG Crackers Fruit Milk	16 French Toast String cheese Garbanzo Beans Fruit Milk
18 WG Bagels Yogurt Salad Fruit Milk	19 Hot Dog WG Bun Chicken Nuggets Beans/Pickles Fruit/Juice*	20 HS Lunch Day WG Pizza Bagels Vegetable Soup Fruit Milk	21 Chicken WG Rice Broccoli Fruit Juice*	22 HS Lunch Day Pasta Tomato Sauce Sliced Cheese Fruit Milk	23 WG Waffles Scrambled Eggs Garbanzo Beans Fruit Milk
25 WG Baguettes Yogurt Salad Fruit Milk	26 Shnitzel WG Rice Broccoli Fruit Juice*	27 HS Lunch Day Mac n cheese Diced carrots Fruit Milk	28 HS Lunch Day Beef Cholent Sweet Peas Fruit Juice*	29 Grilled Cheese Vegetable Soup Fruit Milk	

The institution is an equal opportunity provider.