



YDT February 2026 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Yogurt WG Granola fruit Milk	3 WG Tortilla Chips Salsa Cup Milk	4 WG Multigrain Cheerios Fruit Milk	5 Granola Bar Apples Milk	6 Mid-Winter Vacation
9 Mid-Winter Vacation	10 WG Rice Cakes Diced Peaches Milk	11 WG Muffin Fruit Cup Milk	12 WG Multigrain Cheerios Fruit Milk	13 WG Pastries Fruit Cup Milk
16 Yogurt WG Granola fruit Milk	17 WG Tortilla Chips Salsa Cup Milk	18 WG Multigrain Cheerios Fruit Milk	19 Granola Bar Apples Milk	20 WG pretzels Fruit cup Milk
23 Mozzarella Sticks WG Crackers fruit Milk	24 WG Rice Cakes Diced Peaches Milk	25 WG Muffin Fruit Cup Milk	26 WG Multigrain Cheerios Fruit Milk	27 WG Pastries Fruit Cup Milk

This institution is an equal opportunity provider.