



YDT High School February 2026 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4 Mid-Winter Vacation	5 Mid-Winter Vacation	6 Mid-Winter Vacation
9 Mid-Winter Vacation	10 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	11 Cheese Cannelloni Carrot and Celery sticks Fruit Milk	12 WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	13 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
16 Sicilian Pizza Mushroom Barley soup Fruit Milk	17 WG Beef Cholent Sweet Peas Fruit Juice*	18 Creamy Mac & Cheese Diced Carrots Fruit Milk	19 Falafel Israeli salad WG pita Fruit Milk	20 Potato kugel Scrambled Eggs WG crackers Fruit Milk
23 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	24 Cubed Deli Salad WG Rice Cakes Potato Knishes Pickles/Salad Fruit Juice*	25 Pasta Tomato Sauce Sliced Cheese Fruit Milk	26 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	27 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk

The institution is an equal opportunity provider.