

YDT February 2026 Lunch Menu

All lunches will include at least $\frac{3}{4}$ cup vegetable, $\frac{1}{2}$ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Baguettes Yogurt Baby Carrots Fruit Milk	2 WG Grilled cheese Split Pea Soup Fruit Milk	3 Chicken Poppers Brown Rice Broccoli Fruit Juice*	4 3 Cheese Baked ziti Diced Carrots Fruit Milk	5 Pancakes Scrambled Eggs Baby carrots Fruit Milk	6 Mid-Winter Vacation
8 Mid-Winter Vacation	9 Mid-Winter Vacation	10 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	11 Pasta Tomato Sauce Sliced Cheese Fruit Milk	12 WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	13 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
15 WG Baguettes Yogurt Baby Carrots Fruit Milk	16 Sicilian Pizza Mushroom Barley soup Fruit Milk	17 WG Beef Cholent Sweet Peas Fruit Juice*	18 Creamy Mac & Cheese Diced Carrots Fruit Milk	19 Falafel Israeli salad WG pita Fruit Milk	20 Potato kugel Scrambled Eggs WG crackers Fruit Milk
22 WG Garlic Knots Yogurt Salad Fruit Milk	23 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	24 Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	25 Pasta Tomato Sauce Sliced Cheese Fruit Milk	26 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	27 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk