

YDT High School August/September 2026 Lunch Menu

All lunches will include at least ¾ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
24	25	26	27 Scrambled eggs Roasted potatoes Wg crackers Fruit Milk	28 Yogurt/Potato Blintz Granola Baby carrots Fruit Milk
31 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	1 Cubed Deli Salad WG Rice Cakes Potato Knishes Pickles/Salad Fruit Juice*	2 Pasta Tomato Sauce Sliced Cheese Fruit Milk	3 Teriyaki Salmon Potato borekas WG Bread Fruit Milk	4 Potato kugel Scrambled Eggs WG crackers Fruit Milk
7 WG Grilled cheese Split Pea Soup Fruit Milk	8 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	9 3 Cheese Baked ziti Diced Carrots Fruit Milk	10 Scrambled eggs Roasted potatoes Wg crackers Fruit Milk	11 Erev Rosh Hashana No School
14 Tzom Gedalia	15 Nitrate Free Hot Dog WG Bun Baked Beans/Pickles Fruit Juice*	16 Pasta Tomato Sauce Sliced Cheese Fruit Milk	17 Hummus/Tuna Salad Israeli salad WG pita Fruit Milk	18 Waffles Scrambled eggs Baby carrots Fruit Milk
21 Yom Kippur No School	22 Chicken Poppers Brown Rice Broccoli Fruit Juice*	23 Penne Ala Vodka Roasted Broccoli Fruit Milk	24 Succos Vacation No School	25 Succos Vacation No School