



YDT January 2025 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Tortilla Chips Salsa Cup Milk	2 WG Popcorn Apples Milk	3 WG pretzels Fruit cup Milk
6 Mozzarella Sticks WG Crackers fruit Milk	7 WG Rice Cakes Diced Peaches Milk	8 WG Muffin Fruit Cup Milk	9 WG Multigrain Cheerios Fruit Milk	10 WG Pastries Fruit Cup Milk
13 Yogurt WG Granola fruit Milk	14 WG Tortilla Chips Salsa Cup Milk	15 WG Multigrain Cheerios Fruit Milk	16 WG Popcorn Apples Milk	17 WG pretzels Fruit cup Milk
20 Mozzarella Sticks WG Crackers fruit Milk	21 WG Rice Cakes Diced Peaches Milk	22 WG Muffin Fruit Cup Milk	23 WG Multigrain Cheerios Fruit Milk	24 WG Pastries Fruit Cup Milk
27 Yogurt WG Granola fruit Milk	28 WG Tortilla Chips Salsa Cup Milk	29 WG Multigrain Cheerios Fruit Milk	30 WG Popcorn Apples Milk	31 WG pretzels Fruit cup Milk

This institution is an equal opportunity provider.