



YDT January High School 2025 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 R' Chodesh/Chanukah Creamy Mac n Cheese Baby Carrots Fruit Milk	2 Chanukah Eggplant Parmesan Garden Vegetable Soup WG Garlic Knots Fruit Milk	3 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
6 French Onion Soup Shredded Mozzarella Garlic knots Fruit Milk	7 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	8 Cheese Cannelloni Carrot and Celery sticks Fruit Milk	9 WG Bagels Tuna salad/Cr cheese Sliced fresh vegetables Fruit Milk	10 Asara B'Teves No Lunch
13 Falafel Israeli salad WG pita Fruit Milk	14 WG Beef Cholent Sweet Peas Fruit Juice*	15 3 Cheese Baked ziti Diced Carrots Fruit Milk	16 WG Grilled cheese Vegetable Soup Fruit Milk	17 Potato kugel Scrambled Eggs WG crackers Fruit Milk
20 WG Pizza bagels Split Pea soup Fruit Milk	21 Cubed Deli Salad WG Rice Cakes Potato Knishes Pickles/Salad Fruit Juice*	22 Creamy Mac n Cheese Baby Carrots Fruit Milk	23 French Onion Soup Shredded Mozzarella Garlic knots Fruit Milk	24 Potato Knishes Scrambled Eggs WG crackers Fruit Milk
27 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	28 Chicken Poppers Potato Latkes Broccoli Fruit Juice*	29 WG Cheese Subs Vegetable Soup Fruit Milk	30 Rosh Chodesh Sicilian Pizza Vegetable soup Fruit Milk	31 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk

The institution is an equal opportunity provider.