



# YDT January 2025 Lunch Menu

All lunches will include at least ¼ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.  
8 oz Milk will be served on all dairy lunch days. \*Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1 R'Chodesh/Chanukah</b>  Creamy Mac n Cheese Green Beans Fruit Milk	<b>2 Chanukah</b>  Falafel Israeli salad WG pita Fruit Milk	<b>3</b> Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
<b>5</b>  WG Garlic Knots Yogurt Salad Fruit Milk	<b>6</b>  WG Pizza bagels French Onion Soup Fruit Milk	<b>7</b>  Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	<b>8</b>  Pasta Tomato Sauce Sliced Cheese Fruit Milk	<b>9</b>  WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	<b>10</b>  Potato Knishes Scrambled Eggs WG crackers Fruit Milk
<b>12</b>  WG Baguettes Yogurt Baby Carrots Fruit Milk	<b>13</b>  Falafel Israeli salad WG pita Fruit Milk	<b>14</b>  WG Beef Cholent Sweet Peas Fruit Juice*	<b>15</b>  3 Cheese Baked ziti Diced Carrots Fruit Milk	<b>16</b>  WG Grilled cheese Vegetable Soup Fruit Milk	<b>17</b>  Potato kugel Scrambled Eggs WG crackers Fruit Milk
<b>19</b>  WG Garlic Knots Yogurt Salad Fruit Milk	<b>20</b>  Pasta Tomato Sauce Sliced Cheese Fruit Milk	<b>21</b>  Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	<b>22</b>  Creamy Mac n Cheese Green Beans Fruit Milk	<b>23</b>  WG Pizza bagels French Onion Soup Fruit Milk	<b>24</b>  Potato Knishes Scrambled Eggs WG crackers Fruit Milk
<b>26</b>  WG Baguettes Yogurt Baby Carrots Fruit Milk	<b>27</b>  Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	<b>28</b>  Chicken Poppers Potato Latkes Broccoli Fruit Juice*	<b>29</b>  WG Cheese Subs Vegetable Soup Fruit Milk	<b>30 Rosh Chodesh</b>  Sicilian Pizza Vegetable soup Fruit Milk	<b>31</b> Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk

The institution is an equal opportunity provider.