



YDT January 2026 Lunch Menu

All lunches will include at least ¼ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG Bagels Tuna salad/Cr cheese Sliced Vegetables Fruit Milk	2 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
4 WG Baguettes Yogurt Baby Carrots Fruit Milk	5 Sicilian Pizza Mushroom Barley soup Fruit Milk	6 (Boys K-8 Only) Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	7 Creamy Mac & Cheese Diced Carrots Fruit Milk	8 Falafel/Fish Sticks Israeli salad WG pita Fruit Milk	9 Potato kugel Scrambled Eggs WG crackers Fruit Milk
11 WG Garlic Knots Yogurt Salad Fruit Milk	12 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	13 Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	14 Pasta Tomato Sauce Sliced Cheese Fruit Milk	15 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	16 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
18 WG Baguettes Yogurt Baby Carrots Fruit Milk	19 WG Grilled cheese Split Pea Soup Fruit Milk	20 Chicken Poppers Brown Rice Broccoli Fruit Juice*	21 3 Cheese Baked ziti Diced Carrots Fruit Milk	22 Fish sticks Potato borekas Fruit Milk	23 Waffles Scrambled eggs Baby carrots Fruit Milk
25 WG Garlic Knots Yogurt Salad Fruit Milk	26 WG Pizza bagels French Onion Soup Fruit Milk	27 WG Beef Cholent Sweet Peas Fruit Juice*	28 Pasta Tomato Sauce Sliced Cheese Fruit Milk	29 WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	30 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk

The institution is an equal opportunity provider.