



YDT May High School 2025 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Eggplant Parmesan Garden Vegetable Soup WG Garlic Knots Fruit Milk	2 Waffles Scrambled eggs Baby carrots Fruit Milk
5 French Onion Soup Shredded Mozzarella Garlic knots Fruit Milk	6 Beef Pepper Steak WG Rice Stir Fry Vegetables Fruit Juice*	7 Cheese Cannelloni Carrot and Celery sticks Fruit Milk	8 WG Bagels Tuna salad/Cr cheese Sliced Fresh Vegetables Fruit Milk	9 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
12 Sicilian Pizza Mushroom Barley soup Fruit Milk	13 WG Beef Cholent Sweet Peas Fruit Juice*	14 Creamy Mac & Cheese Diced Carrots Fruit Milk	15 Falafel Israeli salad WG pita Fruit Milk	16 Lag B'omer Potato kugel Scrambled Eggs WG crackers Fruit Milk
19 Crunchy Pizza Sticks Garden Vegetable Soup Fruit Milk	20 Cubed Deli Salad WG Rice Cakes Potato Knishes Pickles/Salad Fruit Juice*	21 Pasta Tomato Sauce Sliced Cheese Fruit Milk	22 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	23 Yogurt/Cheese Blintz Granola Baby carrots Fruit Milk
26 WG Grilled cheese Split Pea Soup Fruit Milk	27 Chicken Poppers Brown Rice Broccoli Fruit Juice*	28 Rosh Chodesh 3 Cheese Baked ziti Diced Carrots Fruit Milk	29 Eggplant Parmesan Garden Vegetable Soup WG Garlic Knots Fruit Milk	30 Waffles Scrambled eggs Baby carrots Fruit Milk

The institution is an equal opportunity provider.