



YDT May 2026 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, 1 cup Fruit and 8 oz fluid skim or low-fat Milk.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| | | | | 1 WG pretzels Fruit cup Milk |
| 4 Mozzarella Sticks WG Crackers fruit Milk | 5 WG Rice Cakes Diced Peaches Milk | 6 WG Muffin Fruit Cup Milk | 7 WG Multigrain Cheerios Fruit Milk | 8 WG Pastries Fruit Cup Milk |
| 11 Yogurt WG Granola fruit Milk | 12 WG Tortilla Chips Salsa Cup Milk | 13 WG Multigrain Cheerios Fruit Milk | 14 Granola Bar Apples Milk | 15 WG pretzels Fruit cup Milk |
| 18 Mozzarella Sticks WG Crackers fruit Milk | 19 WG Rice Cakes Diced Peaches Milk | 20 WG Muffin Fruit Cup Milk | 21 WG Multigrain Cheerios Fruit Milk | 22 Shavuos |
| 25 Yogurt WG Granola fruit Milk | 26 WG Tortilla Chips Salsa Cup Milk | 27 WG Multigrain Cheerios Fruit Milk | 28 Granola Bar Apples Milk | 29 WG pretzels Fruit cup Milk |

This institution is an equal opportunity provider.