



YDT November 2024 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain , 1 cup Fruit and 8 oz fluid skim or low fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG pretzels Fruit cup Milk
4 Mozzarella Sticks WG Crackers Milk	5 WG Rice Cakes Diced Peaches Milk	6 WG Muffin Fruit Cup Milk	7 WG Multigrain Cheerios Fruit Milk	8 WG Pastries Fruit Cup Milk
11 Yogurt WG Granola fruit Milk	12 WG Tortilla Chips Salsa Cup Milk	13 WG Muffin Fruit Cup Milk	14 WG Popcorn Apples Milk	15 WG pretzels Fruit cup Milk
18 Mozzarella Sticks WG Crackers Milk	19 WG Rice Cakes Diced Peaches Milk	20 WG Muffin Fruit Cup Milk	21 WG Multigrain Cheerios Fruit Milk	22 WG Pastries Fruit Cup Milk
25 Yogurt WG Granola Fruit Milk	26 WG Tortilla Chips Salsa Cup Milk	27 WG Muffin Fruit Cup Milk	28 WG Popcorn Apples Milk	29 WG pretzels Fruit cup Milk

This institution is an equal opportunity provider.