YDT November 2026 Breakfast Menu

All Breakfasts will include at least 1-2 oz eq Grain, ½-1 cup Fruit and 8 oz fluid skim or low-fat Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mozzarella Sticks WG Crackers Apple Milk	**3** WG Rice Cakes Banana Milk	**4** WG Muffin Cut Melon Milk	**5** WG Multigrain Cookie Apple Milk	**6** WG Pretzels Orange Milk
9 Yogurt WG Granola Banana Milk	**10** WG Tortilla Chips Orange Milk	**11** WG Crunchy Corn Grapes Milk	**12** Granola Bar Apples Milk	**13** WG Pastries Orange Milk
16 Mozzarella Sticks WG Crackers Apple Milk	**17** WG Rice Cakes Banana Milk	**18** WG Muffin Cut Melon Milk	**19** WG Multigrain Cookie Apple Milk	**20** WG Pretzels Orange Milk
23 Yogurt WG Granola Banana Milk	**24** WG Tortilla Chips Orange Milk	**25** WG Crunchy Corn Grapes Milk	**26** Granola Bar Apples Milk	**27** WG Pastries Orange Milk
30 Mozzarella Sticks WG Crackers Apple Milk				

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