YDT November 2026 Lunch Menu

All lunches will include at least ¾ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative.
8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
1 WG Bagels Yogurt Baby Carrots Fruit Milk	2 WG Sicilian Pizza Mushroom Barley Soup Fruit Milk	3 Pulled Beef WG Baguette or Taco Potato Knish or Israeli Salad Fruit Juice*	4 Penne Ala Vodka Roasted Broccoli Fruit Milk	5 Roasted potatoes Scrambled eggs Wg crackers Fruit Milk	6 WG Pancakes Yogurt Baby carrots Fruit Milk
8 WG Rye Bread Yogurt Salad Fruit Milk	9 WG Pizza bagels French Onion Soup Fruit Milk	10 Rosh Chodesh Chicken Poppers Brown Rice Broccoli Fruit Juice*	11 Rosh Chodesh Pasta Tomato Sauce Sliced Cheese Fruit Milk	12 WG Bagels Tuna /Cr cheese Sliced Fresh Vegetables Fruit Milk	13 Potato kugel Scrambled Eggs WG crackers Fruit Milk
15 WG Pita Hummus/Tuna Salad Salad Fruit Milk	16 Lasagna Rollups Green Beans Fruit Milk	17 WG Beef Cholent Sweet Peas Fruit Juice*	18 Creamy Mac & Cheese Diced Carrots Fruit Milk	19 Scrambled eggs Roasted potatoes Wg crackers Fruit Milk	20 Yogurt/Potato Blintz WG Granola Baby carrots Fruit Milk
22 WG Baguettes Yogurt Baby Carrots Fruit Milk	23 WG Pizza Garden Vegetable Soup Fruit Milk	24 WG Deli Sandwiches Potato Knishes Pickles/Salad Fruit Juice*	25 Pasta Tomato Sauce Sliced Cheese Fruit Milk	26 Fish sticks Potato borekas WG Bread Fruit Milk	27 Potato kugel Scrambled Eggs WG crackers Fruit Milk
29 WG Rye Bread Yogurt Salad Fruit Milk	30 WG Grilled cheese Split Pea Soup Fruit Milk				

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