



YDT October High School 2024 Lunch Menu

All lunches will include at least 1 cup vegetable, 1 cup fruit, 2 oz eq grain and 2 oz eq meat or meat alternative.
 8 oz Milk will be served on all dairy lunch days. *Due to religious purposes, juice will be served on meat lunch days.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Eggplant Parmesan Garlic knots Fruit Milk	2 Rosh Hashanah No School	3 Rosh Hashanah No School	4 Rosh Hashanah No School
7 WG Pizza bagels Vegetable soup Fruit Milk	8 Baked ziti Sweet peas Fruit Milk	9 WG Beef Cholent Sweet Peas Fruit Juice*	10 Falafel Israeli salad WG pita Fruit Milk	11 Yom Kippur No School
14 Sukkos Vacation No School	15 Sukkos Vacation No School	16 Sukkos Vacation No School	17 Sukkos Vacation No School	18 Sukkos Vacation No School
21 Sukkos Vacation No School	22 Sukkos Vacation No School	23 Sukkos Vacation No School	24 Sukkos Vacation No School	25 Sukkos Vacation No School
28 Veg Cheese Calzone Vegetable soup Fruit Milk	29 Cubed Deli Salad WG Rice Cakes Pickles Fruit Juice*	30 Make Your Own Wrap Tuna & Egg Salad Roasted Vegetables Fruit Milk	31` Salmon WG Potato blintzes Fruit Milk	

The institution is an equal opportunity provider.