

## **YDT October 2024 Lunch Menu**

All lunches will include at least ¾ cup vegetable, ½ cup fruit, 1 oz eq grain and 1 oz eq meat or meat alternative. 8 oz Milk will be served on all dairy lunch days. \*Due to religious purposes, juice will be served on meat lunch days.

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
		Pasta Tomato Sauce Sliced Cheese Fruit Milk	Rosh Hashanah No School	Rosh Hashanah No School	4  Rosh Hashanah  No School
WG Bagels Yogurt Salad Fruit Milk	7 WG Pizza bagels Vegetable soup Fruit Milk	Baked ziti Sweet peas Fruit Milk	WG Beef Cholent Sweet Peas Fruit Juice*	Falafel Israeli salad WG pita Fruit Milk	Yom Kippur No School
WG Baguettes Yogurt Salad Fruit Milk	Fish sticks Mashed potatoes Coleslaw Fruit Milk	Sukkos Vacation No School	Sukkos Vacation No School	17 Sukkos Vacation No School	18 Sukkos Vacation No School
20 Sukkos Vacation No School	Sukkos Vacation No School	Sukkos Vacation No School	Sukkos Vacation No School	Sukkos Vacation No School	25 Sukkos Vacation No School
Sukkos Vacation No School	Veg Cheese Calzone Vegetable soup Fruit Milk	Assorted Deli Meat WG Sliced Bread Pickles Fruit Juice*	Pasta Tomato Sauce Sliced Cheese Fruit Milk	Roasted potatoes Scrambled eggs wg crackers Fruit Milk	

The institution is an equal opportunity provider.