



## YDT September 2023 Breakfast Menu

*All Breakfasts will include at least 1-2 oz eq Grain , 1 cup Fruit and 8 oz fluid skim or low fat Milk.*

Sunday (Boys Only)	Monday	Tuesday	Wednesday	Thursday	Friday
					1 WG Pretzels Fruit Cup Milk
3	4 Mozzarella Sticks WG Crackers Milk	5 WG Rice Cakes Diced Peaches Milk	6 WG Muffin Fruit Cup Milk	7 WG Multigrain Cheerios Fruit Milk	8 WG Pastries Fruit Cup Milk
10	11 Yogurt WG Granola Banana Milk	12 WG Tortilla Chips Salsa Cup Milk	13 WG Muffin Fruit Cup Milk	14 WG Popcorn Apples Milk	15 EREV ROSH HASHANA NO SCHOOL
17 ROSH HASHANA NO SCHOOL	18 Mozzarella Sticks WG Crackers Milk	19 WG Rice Cakes Diced Peaches Milk	20 WG Muffin Fruit Cup Milk	21 WG Multigrain Cheerios Fruit Milk	22 WG Pastries Fruit Cup Milk
24 EREV YOM KIPPUR NO SCHOOL	25 YOM KIPPUR NO SCHOOL	26 WG Tortilla Chips Salsa Cup Milk	27 WG Muffin Fruit Cup Milk	28 SUKKOS VACATION NO SCHOOL	29 SUKKOS VACATION NO SCHOOL

The institution is an equal opportunity provider.